# Sharbot Lake

# **Family Health Team**

# SHARBOT LAKE MEDICAL CENTRE Coronavirus-COVID-19

Update #2-March 23, 2020

To our patients and community members,



The risk of serious illness is considered low for the general population; however, the risk is **high** for those who:

- Are 65 years of age and over.
- Have compromised immune systems.
  - Have underlying medical conditions.

The goal at the moment is to slow down the spread of the virus and to do that **WE NEED YOUR HELP**.

The following changes are in effect:

## A. Monday-Friday Clinics during COVID-19 Pandemic

#### STOP.

If you do NOT have a scheduled appointment, you MUST be SCREENED and APPROVED by telephone (613-279-2100) before entering the clinic. EXCEPTIONS FOR EMERGENCIES ONLY.

Those entering for a scheduled appointment should report to Reception and will be asked to:

- Wear a mask if you have a fever, cough, or any respiratory symptoms.
- Remain 2m (6ft) away from other people.

Not touch any surfaces.

\*\*Family members or friends are NOT permitted to accompany the patient into the clinic unless patients require a parent OR attendant. \*\*



# Update #2 -March 17, 2020 -CONTINUED

#### B. Saturday Urgent Clinic during COVID-19 Pandemic

### STOP.

#### Do not enter the clinic IF:

- You are experiencing respiratory symptoms, you must be SCREENED and APPROVED by telephone first.
- You or anyone in your home has been out of the country in the past 14 days.
- You have a problem that can be managed over the telephone.
- Your problem is not truly urgent.

\*\*Note: Persons with mild/moderate respiratory symptoms will be managed over the phone and will NOT be seen at the Medical Centre, unless the Provider deems it necessary after a telephone a telephone consultation.

If the above do not apply to you, please report to Reception and you will be asked to:

- Wear a surgical mask if you have a fever, cough, or any respiratory symptoms.
- Remain 2m (6ft) away from other people.
- · Not touch any surfaces.

\*\*Family members or friends are NOT permitted to accompany the patient into the clinic unless patients require a parent OR attendant. \*\*

#### **COVID-19 ASSESSMENT CENTRE:**

As of March 24<sup>th</sup>, the community based COVID-19 Assessment Centre (CAC) has been moved to the Kingston Memorial Centre at 303 York St.

The COVID-19 Assessment Centre is set up to assess returning travellers, as well as community residents, who are experiencing symptoms of COVID-19, including fever, cough, or difficulty breathing.

Sincerely, Dr. Peter Bell Family Physician Sharbot Lake Family Health Team